

FLOORS, ENCAPSULATED

CHOOSING THE RIGHT FLOOR COLOUR

The flooring in a room or office is one of the single biggest elements of any interior décor, playing a pivotal role in setting the mood and ambience of a room – and yet it is often overlooked and its colour hardly considered, aside from a practical perspective.

Research has proven that colour can play a vital role in setting our moods – even affecting creativity and concentration. For example, shades like red, yellow and orange give off a warm, intimate and even cheerful feel.

Cool colour schemes like blue, green and purple have a serene, calm and soothing effect while appearing to recede, thus appearing to make a room larger. One of these colours can also be used to balance an extremely sunny room to temper the brightness.

A neutral colour scheme can have advantages, making it easier to redecorate or change the look of the space simply by highlighting different furnishings and accessories.

With certain flooring types – such as timber, stone and concrete – there may not be such a large choice of colours to begin with although you will still have ample ability to make a difference to the mood of a room simply by the shade you choose.

With other flooring types – such as vinyl, Quartz Carpet, tile and fabric carpet, you will have a wealth of colours to choose from and the large selection can almost be too daunting.

The functional aspect should always be the first consideration and this can in fact help to narrow your choices. For example, flooring for an area of high traffic may not benefit from being too pale in colour, as this would show up stains and dirt easily (especially on carpet fabric).

Similarly, a polished, dark shade of hard flooring will show up dust and damage more easily and is something to be considered if you will not be able to devote a lot of time to cleaning and maintenance. A seamless stone floor will provide an effortless flow between rooms or offices.

Finally, consider the entire project when choosing flooring colours in different spaces and remember that a good décor flows seamlessly from room to room or from office to office.

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